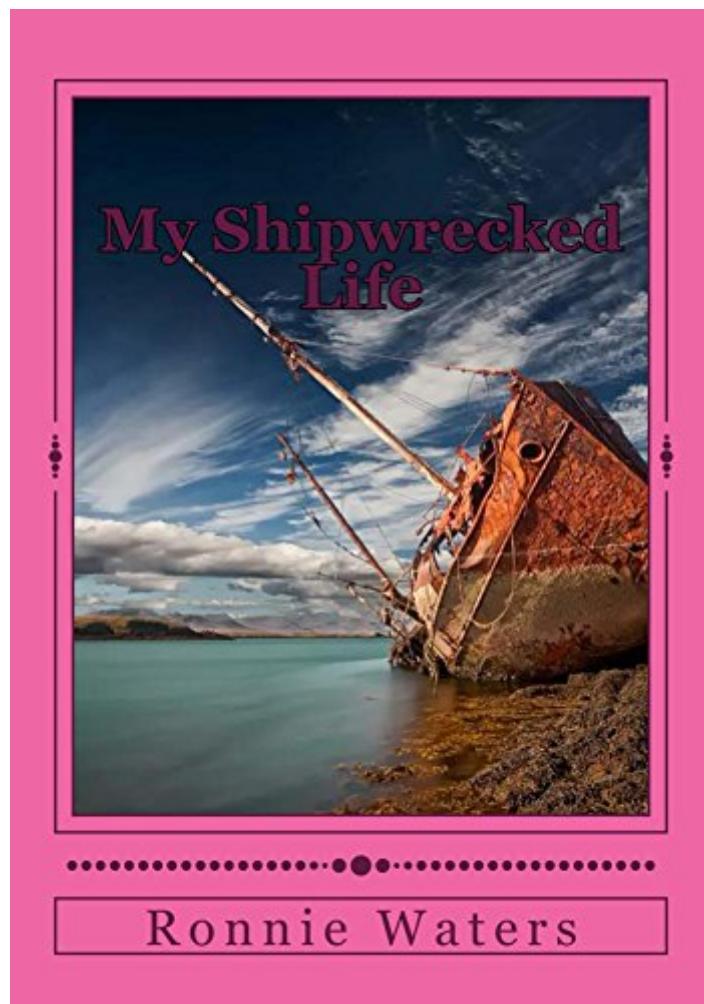


The book was found

My Shipwrecked Life: My Struggle With Alcohol, PTSD And Depression



Synopsis

In this book I tell of my personal struggle with alcohol and the effects of my addiction. Of how PTSD has effected my life because of my service in the United States Marine Corps and my time in Vietnam. How depression effected me when I came home. How I found an answer to my problems by surrendering my life to God and how I found a good woman to help me, and become my wife of 45 years.

Book Information

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Mental Illness: PTSD: Learn How To Handle PTSD Triggers (Bipolar Trauma Depression) (Self Help Mental Illness Dysfunctional Relationships) How to Help Someone with Depression: 2nd Edition (Loved one with depression, anxiety disorder, bipolar, manic depression, depression, mood

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